

# CAP specialist training in Europe "Guidelines for training"

Bruno Häggglöf

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# The present training guidelines, updated year 2000, Cyprus

- [www.uems-cap.eu](http://www.uems-cap.eu)
- Outline of the document
  - Goals of CAP
    - General
    - Specific objectives
  - Training charter / quality assurance
    - Monitoring system, selection of trainees, duration and structure of training, requirements for training institutions, teachers and trainees
  - Training log book

# Revision of training guidelines

- CAP UEMS section/board has initiated a working group to update the training guidelines
  - Working group
    - Board executives of CAP UEMS
    - National delegates of section of CAP UEMS
    - CAP trainees from EFPT and CAP national societies

# Why European training guidelines?

- European standard
- Harmonisation of training in Europe
- Free movement of specialist doctors
- Quality of training
- Quality of care

# Not just the book

- But also
  - Implementation of guidelines
  - Quality assurance of training

# Present status of CAP training in Europe - Answers from 19 countries

- Austria
- Belgium
- Denmark
- Estonia
- Finland
- France
- Germany
- Greece
- Hungary
- Iceland
- Netherlands
- Norway
- Poland
- Portugal
- Slovenia
- Sweden
- Switzerland
- Observer
  - Serbia
  - Turkey

CAP INDEPENDENT SPECIALITY	16/19	
NATIONAL QUALITY ASSURANCE SYSTEM FOR CAP TRAINING	13/19	
USE OF NATIONAL GUIDELINES FOR CAP TRAINING	16/19	
TOTAL DURATION OF CAP SPECIALIST TRAINING	4.0 yrs: 2 4.5 yrs: 3 5.0 yrs: 9 5.5 yrs: 1 6.0 yrs: 4	
CAP	1,0 yrs: 1 2.0 yrs: 3 2.5 yrs: 1 3,0 yrs: 5 3.5 yrs: 2 4.0 yrs: 7	
ADULT PSYCHIATRY	1 – 48 MONTHS (MEDIAN: 12 M)	
PAEDIATRICS	1 - 12 MONTHS (MEDIAN: 6 M)	3 NONE 2 OPTIONAL
NEUROLOGY	2-6 MONTHS (MEDAIN:3)	4 NONE 4 OPTIONAL

PSYCHOTHERAPY TRAINING INCLUDED IN CAP TRAINING	14/19	CBT: 13 PDYN: 11 FAMILY: 11 OTHER: 7 IPT: 1 PSYCHOEDU- CATIVE: 0
RESEARCH EDUCATION INCLUDED IN CAP TRAINING	9/19	
MANDATORY SPECIALIST EXAMINATION	14/19	
SPECIAL REQUIREMENTS FOR TRAINING INSTITUTIONS	19/19	TYPE OF CLINIC  CAP SPECIALIST NUMBERS  CAP SPECIALIST HEAD OF DPT  QUALITY ASSURANCE SYSTEM  INFRASTRUC- TURE
SPECIAL REQUIREMENTS FOR TEACHERS / SUPERVISORS	16/19	
ONGOING WORK WITH NEW LOG BOOK	10/19	
CME/CPD SYSTEM	7 MANDATOR 9 OPTIONAL 3 NONE	



# Quality assurance

- Monitoring authority
  - Standards for recognition of teachers and institutions
  - Program for quality assurance
  - Monitoring systems for quality control
- Requirements for training institutions
  - Rules about recognition of institutions, size, diversity, admissions and organization of institutions (out-, inpatient)
  - Quality control of institutions

- Requirements for teachers
  - Practising time in speciality, specific training programs, ratio teacher/trainees
- Requirements for trainees
  - Sufficient numbers of clinical cases
  - Sufficient linguistic ability to communicate with patients as well as international litterature and colleagues
  - Training according to a log book

# Ongoing working group activities

- Summary of present state of training guidelines in Europe
- Using the work that already has been done in some countries, translating their updated guidelines
  - Present them at CAP UEMS web site

# Goals of the process: (CAP UEMS meeting Aug 22 2009)

- A revision of present training guidelines, “good enough” EU standards – presented at next CAP UEMS meeting in one year
- More focus on quality assurance
- Parallel work with an edition following principles of goals, competencies, learning methods and continuous follow up systems